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Walk Softly And Carry A Big Book: (Official And Unofficial Sloganeering From The 12 Step Programs)



Synopsis

2nd Edition! Updated, additional slogans, and now with illustrations! A great presentation of this classic slogans book. Our inherited wisdom in the 12 Step programs has been pithily summarized in adages and aphorisms, wise sayings and proverbs, one-liners and slogans, notes, quotes, and anecdotes. Here is one of the most complete collections of what we tell each other around the tables, in our literature, when we give a pitch, and when the newcomer walks through the doors. Some of it is wise, some simple and some seemingly dim. But remember that our ability to understand and assimilate insight changes both with knowledge, time in recovery, and service to others. What seemed very wise at 30 days may seem silly at three years. Absolutely full of recovery slogans from the classics like 'First Things First' to the bizarre like 'Sleazy Does It.' These are all the slogans you ever wanted to read from all the 12 Step Programs. If you have a talk, need to make a poster, want to get a point across to your sponsee--then this is the book for you. Or better yet, put in the john for a reader when folks are doing their business...this book is fun and full of reminders, one liners and great zingers about recovery! So sit back, thumb through the collection, chuckle and reminisce--for this is our collection of wisdom in shorthand, 12 Step sloganeering.

Book Information

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Customer Reviews

I like the insides, but not that outside. What is up with that cover? Who said yes to it ? OMG why does every single thing have to be sexualized? it really is not the only way to sell an item. This book is about recovery, unfortunately some publisher missed the mark in accepting this photo for the cover. I choose AA as my 12 step program of choice. However since, 9-22-1990 :) (26 years of consistent recovery from drugs and alcohol) I've never really known if I was a drunk or a junkie. I like both . If one was not there, there was the other.... but enough about me, back to this book cover. In recovery there is also the addiction of SA, Sex Addiction, which includes and is about Porno and the acts that follow it and it is damn serious, damn destructive. Sex addiction is very serious. All day long hold of a person. Obsessively thinking about sex. When and where to get it and how to get it for free. Sometimes to the detriment of a family member. Yes there is some sick stuff out there because of Sex Addiction. So then these people do drugs or drink to be able to live with themselves. They are being compelled and so overwhelmed by it that a person will do things that they normally would not do so as to satisfy that compulsive need. Then feel remorse and guilt afterwards. Then the cycle starts all over again playing havoc on your emotions and causing depression making a person feel worthless and stupid. Beating themselves up. All part of addiction. This is sex addiction and why there is 12 Step meetings for Sex Addiction... So then why do you put this sexually provocative picture on this very helpful book? It is low-grading what we work for and is disrespectful. It's not like I'm going to go do a 4th step on this. I'll instead work on a solution of looking for a book cover/jacket for my copy , rather than stay in the problem, ha. :)

I love this book. I wish they had chosen a different cover, but I am sure it was meant to attract a younger, early in recovery group. It's what I have wanted to do with my 27 years of sobriety.. put down on paper all the great slogans and funny acronyms that you would hear while attending meetings. A great read and a great addition to the typical recovery "required reading".

Love this book!

Just what it said it was slogans and more read it from time to time and take it to meetings

sometimes just for laughs

Made me think and made me laugh. Love the perspective about "one day at a time".

A rather unique gift for anyone enjoying life from addictive stuff. Funny, wise and uplifting. Glad I ran across it in a search. Purchased several for gifts.

Always and everyday gives me a way to relate better to topics in recovery groups. Love the humor too. We are toooooo serious in recovery and need to lighten up sometimes as we grow up. There is a time to be serious but recovery is about feeling better and this book is a feel better kinda book.

Found it unpleasant reading, rambling and too descriptive re sex.

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